

Worshiping in Spirit - Lesson

Lesson Summary: Learning to worship God in a deep way with your spirit is not only something that God seeks of you, it will fill your heart to becoming more content, and less easily tempted.

JOHN 4:23 (NIV)

Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks.

We need to worship in spirit and truth, but today we will talk about worshiping in spirit.

Worshiping in spirit is more than singing. It has to do with a person's spirit being totally focused on God and wrapped up into His presence.

I would like for us to put everything out of our minds, except the glory of Christ, and to dwell in His presence for a minute after we sing this song.

Sing "Hallelujah" or a good worship song.

Why does God desire for us to worship Him in spirit?

- 1. God is spirit, and we are made to connect with Him in our spirit.**

JOHN 4:24 (NIV)

God is a Spirit: and they that worship him must worship him in spirit and in truth.

- 2. There is a longing in each of us for something to satisfy our spiritual need to connect with God.**
 - God created us to have fellowship with Him, and to be connected with Him.
 - We have a longing for something we don't understand because of the Fall that caused separation from God.
- 3. When we allow Him to connect with us spiritually, we open our spirit up to be healed by Him.**
 - There is a spiritual aspect to our growth that can only be changed and satisfied by worshiping God with our spirit.
- 4. Only He can bring genuine satisfaction into our lives—we cannot find it anywhere else in the world.**
 - When we are satisfied with Him, there is no desire for things of the flesh.
- 5. It protects us from sin and helps us to live in the Spirit.**

GALATIANS 5:16 (NIV)

This I say then, Walk in the Spirit, and ye shall not fulfill the lust of the flesh.

- When we worship God in spirit, we are walking in the Spirit and it pulls us that much further away from the flesh.

What is the best part of worshiping God with all your heart and all your strength?