

# Body/Team Thinking - Lesson

**Lesson summary:** Because Christians are one team, and even closer than that, one body, work to support each other and develop a healthy team mindset.

**ROMANS 12:5 (NIV)**

so in Christ we who are many form one body, and each member belongs to all the others.

The Bible uses the metaphor of a body to describe our relationship with each other and Him in this Christian life. This and other metaphors all describe a spiritual reality that is similar to a team, but more intense and deeper. How do we work together to win?

## 5 Essential Qualities of a Good Team

(Source: Mike Kchezhevsky of Duke basketball's book Leading from the Heart)

### 1. Trust

We need to be completely and instantly honest with each other.

We need to be able to know that we have each other's back, and they have ours.

### 2. Caring

We are not just a team, we are a family. We need to learn to have a genuine desire to see good things happen to others, without any jealousy or self-interests involved.

Beware of caring with false motives, hiding greed and needing things (compliments, needing them to be a part of what you are doing, needing their approval) from others for your own self-worth. That pollutes the purity of the caring heart.

### 3. Corporate responsibility

What happens to you happens to all of us, good or bad, it hurts or lifts all of us.

When you go out there, what you do does not just affect you, but all of us. If you are not where you need to be spiritually, you let someone else down.

Like fighting in the trenches, if you leave, the guy next to you might die because you left. No excuses, take responsibility for your own actions without excuses or reasons. Lets say out loud, "There is no excuse."

### 4. Communication

Let people know where you stand all the time.

Never delay a confrontation. When there is an atmosphere of trust where you believe the other person has your best interests in mind, then confrontation is good, because what makes you better makes all of us better.

You should want to be made better, because it helps the team.

### 5. Pride (excellence)

Doing everything as if your signature was on it.

We have a long history as the kingdom of God, of great men and women who have done incredible selfless acts for God and others. We are a part of something great, the kingdom of God, greater than any team, or any organization, and something that will win it all in the end, of what really matters.

### Illustration:

There were two horses that won a horse pulling contest that could pull 1000 pounds and 850 pounds, but when hooked together, they could pull 5000 pounds.