

# Earthly Rewards – Daily Exercises

*Thoughts and questions for reflection, writing, and prayer to enhance personal growth.*

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## Day 1

Think back to the point where you decided to enter a Teen Challenge program. What was your motivation at that time? Why did you do it? Spend some time writing down the reasons you joined and the expectations you had the first few days. Have any of your motivations changed since then? Being completely honest with yourself, what are your motivations today for continuing to serve God and stay clean?

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## Day 2

What are some ways God has blessed you since you first came to Teen Challenge? What were some things you had specifically prayed for? What were some things you didn't pray for but received?

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## Day 3

### Memorize

**MATTHEW 6:21 (NIV)**

For where your treasure is, there your heart will be also.

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## Day 4

Have you ever been disappointed by God because He didn't do something you wanted Him to do? Was there a point later where you saw how God worked the situation for the best? Sometimes it is easy to see why God chose to not give us what we asked for. We would have ruined it because we were not mature enough to handle it, or it would have been bad for us in the end, or maybe God had something better planned. Regardless of the reason, when it first happens, it is hard to go through the process of not getting what we wanted. What was your attitude towards God when that happened? Did you sin because of it? How did you work through it?

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## Day 5

Spend some time in prayer asking God to search your heart and reveal to you if you have any false motivation for seeking and serving Him. The pure motivation He desires from us is to seek Him because we love Him and desire to be with Him, not because we want something from Him. Ask God to help purify your motives and bring a joy that is thankful for what you have now and where He has you.