

# Living Free - Lesson

**Lesson summary:** Live with nothing to hide, nothing to lose, and nothing to prove, for that is how Christ lived, without fear.

**GALATIANS 5:1 (NIV)**

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

## Living in Spiritual Victory

Spiritual victory isn't like a certificate that you get, and then you have it forever. It is something you manage, and you only have it for as many days as you are willing to take the steps it requires to manage your sinful desires and kill and diminish them. They don't die forever, at least not in my experience.

**Illustration** - It is like being undefeated in football while the season is still in progress. You can only remain undefeated by continuing to overcome every opponent. That only comes through constant improvement and self-discipline.

### 1. Living with nothing to hide is freeing.

**JOHN 18:20 (NIV)**

"I have spoken openly to the world," Jesus replied. "I always taught in synagogues or at the temple, where all the Jews come together. I said nothing in secret."

a) Jesus said nothing in secret, but lived an open life. He lived with His disciples.

### 2. Living with nothing you are afraid to give away is freeing.

**JOHN 6:51 (NIV)**

I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is my flesh, which I will **give** for the **life** of the world.

a) Jesus was willing to give anything, from feeding 5000 to giving His own life away in order that our lives would be spared.

### 3. Living with no need to receive admiration or approval from other people is freeing

**JOHN 2:24 (NIV)**

But Jesus would not **entrust** himself to them, for he knew all men.

a) **JOHN 2:18** – Jesus whips people out of the temple, scattering their money and making a huge mess of things telling them they are not welcome there and to get out.

b) **LUKE 11:37** – Jesus goes off on the teachers of the law while a guest at their home eating dinner with them. He rebukes them sharply.

**How big an issue are secrets in your life?**

**What are some ways you can demonstrate these characteristics in your life?**